

Budget-Friendly Travel Tips To Beat The Winter Blues

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NEW YORK (CBSNewYork) – Freezing temperatures are back, and flights to get out of the city are lower than ever.

That means it's perfect timing for a budget-friendly travel talk on where to go to beat the cold.

Michaela Guzy, Executive Producer of the travel video series "Oh The People You Meet" stopped by to offer tips on all the great deals out there.

Los Cabos, Mexico:

Flight costs: RT \$214 February 10, 11, 24 or 25 for five days

March 3, 16, or 17 for five days

[Option 1 \(google.com\)](#)

RT \$239 March 2, 10, or 25 for five days

[Option 2 \(google.com\)](#)

- Wellness in Los Cabos: Yoga at sunrise at either Hotel El Ganzo or Sur Beach House followed by nutritious organic breakfasts
- Go to working farm at Los Tamirindos for a cooking class w/Chef Enrique
- Stand-up paddle boarding or kayaking in Chileno Bay
- Ride camels where the pacific meets the dessert
- Video footage: <https://youtu.be/hRzQ3dD9Hi8>